

# CRISIS INTERVENTION

## Three State Examples

### MICHIGAN

**Approach:**

Each of the state's Post-Adoption Resource Centers (PARCs) use a crisis-intervention, case-management model. Support begins with assessing family strengths and needs, followed by the development of a service plan, making referrals to appropriate resources, and helping families build safety plans and coping skills. Services are available to families not currently in therapy and to those with placements at risk.

**Duration:**

Weekly (or more frequent) visits during the crisis, with ongoing in-home support for 6-12 months.

**Delivery:**

PARC staff respond within 24 hours, offer a visit within 48 hours, and complete an in-home visit within 7 days.

Crisis intervention services are defined as enhanced support to adoptive and guardianship families who are in crisis and may be at risk for placement discontinuity or other significant harm.

### ILLINOIS

**Approach:**

The Adoption and Guardianship Support and Preservation Program (ASAP) offers crisis-intervention services tailored to each family, including safety-risk assessment, emergency and ongoing counseling, referrals, and support in building a personal support network. Staff are trained in crisis-management tools such as Mental Health First Aid and Trust-Based Relational Intervention®.

**Duration:**

Services begin immediately and continue as needed, with ongoing counseling and support based on the family's needs.

**Delivery:**

ASAP staff respond by phone within 24 hours and schedule an in-home meeting with a therapist within 3 days.

### GEORGIA

**Approach:**

The Family Intervention Team (FIT) provides in-home assessments, counseling, and short-term therapeutic support focused on improving family functioning, addressing trauma-related challenges, and preventing or de-escalating crises. Staff are trained in adoption dynamics, trauma, attachment, and behavior-management strategies.

**Duration:**

Services are short-term, lasting 60-90 days, aimed at stabilizing the family and connecting them to longer-term supports.

**Delivery:**

A team leader and intervention specialist provide statewide in-home assessments, counseling, crisis de-escalation, and connections to community resources.



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