

POST-PERMANENCY COUNSELING SERVICES

Four State Examples

Counseling Services use a family-focused, relationship-based therapeutic process, led by an adoption-competent master's level clinician, to increase adoptive and guardianship family stability and cohesion, as well as child and family well-being.

OKLAHOMA

Approach:

Immediate support with adoption-competent clinicians who provide whole family support focused on attachment, trauma, grief and loss, identity, and communicative openness

Duration:

Short-term clinical intervention (12-15 sessions), and bridging to local providers

Delivery:

In-home and telehealth

Staff:

Licensed clinical social workers with TAC and modality-specific training (e.g., TBRI® and Theraplay®)

ALABAMA

Approach:

Pre- and post-finalization support, therapeutic parenting, birth family connections with an emphasis on preparing families and supporting long-term adjustments

Duration:

Typically 3 to 6 months, with option to return during transitions such as children starting school or entering adolescence

Delivery:

In-Office, in-home, or telehealth

Staff:

Master's level clinicians trained in adoption competency, 3-5-7 Model®, and collaborative problem-solving

ST. LOUIS, MISSOURI

Approach:

Relationship-based coaching and long-term therapeutic engagement, starting with crisis support and addressing developmental trauma, attachment, identity, and grief and loss

Duration:

Weekly sessions (1-2 hours) for 9-12 months

Delivery:

In-home

Staff:

Specialists trained in Dyadic Developmental Psychotherapy (PACE model)

ILLINOIS

Approach:

Therapy and/or case management provided by staff with low caseloads (8 to 10 families), focusing on trauma, attachment, and resiliency-building

Duration:

Weekly sessions are provided with options for more or less frequency based on family preference

Delivery:

In-home, in-office, or community-based

Staff:

Licensed clinicians and trained bachelor's level case managers trained in NTI, ARC, or TBRI®



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ABOUT COUNSELING PROGRAMS!

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POSTADOPTIONCENTER.ORG