

POST-PERMANENCY CASE MANAGEMENT SERVICES

State Examples

NORTH DAKOTA

Approach:

North Dakota contracts with Adults Adopting Special Kids to operate the North Dakota Post Adoption Network, with a coordinator in each region. Regional post-adoption coordinators complete an assessment with each family to address needs, build on strengths, and help identify additional community services and informal supports. Post-adoption coordinators offer support in four areas, including: service navigation, coordination and advocacy; strengthening social supports; sharing trauma-informed information; and educational advocacy.

Duration:

Progress is reviewed every 3 months, and assessments are updated every 6 months. Services are provided to the family as needed.

Delivery:

Services are offered either in the home or via telehealth.

Case management is a service provided by adoption-competent professionals to help families address concerns and improve well-being and family functioning. It should be guided by an individualized, family-centered plan to help the family accomplish their goals.



TENNESSEE

Approach:

In Tennessee, adoptive and guardianship families access support through the state-funded Adoption Support and Preservation/Guardianship Support and Preservation (ASAP/GSAP) program. Families receive case management from a family therapist or Resource Center staff, with services including resource coordination, community referrals, and caregiver skill-building. Support intensity is based on each family's treatment plan and needs.

Duration:

In-home therapy may last for up to one year, and families may re-refer for services after the first year has ended.

Delivery:

Services are offered in the home, in the community, or via telehealth.

Staff:

Family therapists are master's-level clinicians, and Resource Center staff hold bachelor's degrees with at least five years' experience as adoptive or guardianship parents.

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